

Frauke Pelz

Psychotherapeutic counsellor, Postgraduate DipHIC (level 7) (Bcpc, 2019, with Distinction)

BACP and UKCP accredited training programme

BACP membership no: 794515

Practice Rooms: (1) Beech Cottage, Devauden, Chepstow, NP16 6NN
(Monday, Tuesday and Thursday evenings) or

(2) The Wellbeing Centre , Manor House, Bank Street,
Chepstow, NP16 5EL (Wednesdays)

Telephone: 07975849704

Email: fraukepelz65@gmail.com

Client Information

I work with adults on an individual basis. I offer weekly face-to-face or virtual counselling sessions for instance, by telephone, facetime or zoom.

I abide by the framework of ethical and safe practice as set out by BACP (British Association for Counselling and Psychotherapy). You can access these standards on www.bacp.org.uk.

Fee

£50 for a 60min session, cash or bank transfer at the beginning of each session, please

I am happy to offer a concessionary place in some circumstances.

Cancellations

If I have to cancel a session I will endeavour to give you several weeks' notice. I will not charge you for sessions that I may have to cancel. I will try and offer you an alternative appointment at the usual fee.

If you have to cancel a session with less than three days' notice I will charge you the full fee. This includes non-attendance due to illness or hazardous weather. I will however endeavour to offer you an alternative appointment within the same week.

Confidentiality

What we talk about will stay strictly confidential between us with two exceptions:

In accordance to the abovementioned codes of practice, I work with a clinical supervisor. This is to safeguard the highest possible standard of service to you. I may discuss some details of my work in supervision; however, I will not reveal information that could identify you.

If you share information that suggests to me that you or anyone else is in great danger, I may discuss my concerns with other professionals or agencies, for instance with your GP. I have a statutory duty of care to safeguard vulnerable adults and children and to share information about terrorism, human trafficking or other serious criminal acts. In these exceptional circumstances I will endeavour to discuss the issue with you first.

GP details

I will ask you for your GP contact details. I will however only contact your GP if I believe that you may need urgent medical care. I will endeavour to discuss the matter with you first.

Some Practicalities

Practice Room (1) - It is part of a private property; there is no waiting area available. I would be most grateful if you could be so kind and arrive not earlier than a few minutes before the agreed time. There is plenty of parking on the premises.

Practice Room (2) - There is a large public car park in very close proximity to the building. The current parking charge is £1.50 for two hours.

Unfortunately, both Practice Rooms are currently inaccessible for wheelchairs.

Please, do not hesitate to ask me if you have any questions with regards to any of the above.

Frauke Pelz

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